## Your Health Your Neighbourhood



Nightingale

A regular newsletter providing local help and support to promote self-care and better health. For advertising enquiries, contact rbccg.winyateshc@nhs.net. The Nightingales team are Winyates, Crabbs Cross Medical Centre, Crabbs Cross Surgery, The Ridgeway, Hollyoaks & Hollywood.

## NIHR | National Institute for Health Research

We need your support with a Covid-19 survey. Please complete and share the below link to help us better understand your views about vaccines. Please visit tiny.cc/covidvaccine to participate.



## PEEP

PEEP is a learning together programme, aimed at families, to value and build on the home learning environment and relationships with their children, by making the most of everyday learning opportunities: listening, talking, playing, singing, and sharing books and stories together.

PEEP supports babies and children to make the most of their opportunities



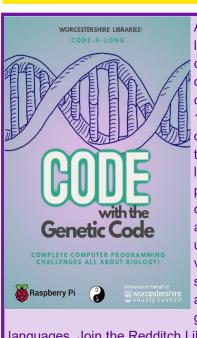
becoming confident by communicators and active learners ready for school.

Groups are separated into ages to be able to focus on the development of the child's stage of development (baby peep and mini-movers).

10-12 week course, 1-hour sessions. Please call the Redditch Holly Trees family hub on 01527 61360.



The antenatal clinic is back at Willow Trees Community Centre. If you have had a positive pregnancy test and need to book in for antenatal care then please text your name and details to 077884 15223.



A fortnightly virtual coding and computing club for 7-17 year olds and their families. Exploring coding for all levels using a variety of software and programming

languages. Join the Redditch Library Code -a-Long Facebook group for more info.



**Download the contact** tracing app today.

